

Children's party? Hire
our hall!! £120 for 3
hours (£150 Sundays)
Contact the office



FOULDS SCHOOL NEWSLETTER

www.fouldsp.com

Volume 15 Issue 9



Thursday 13th January 2022

Our induction week was a great way to draw the children back into the new term. The key focus of the week was teamwork and relying on those around you, learning how to be independent, reminding ourselves about being resilient and having realistic expectations of ourselves! The children thought a lot about the zones of regulation and how to recognise which zone they or others are in. They also thought about the Characteristics of Learning tree and what branch they are working on. Please do speak to them about this as each child is working on a target that they think will help them in their day to day learning.

During Induction Week we also reminded ourselves about having a Growth Mindset, how mistakes can help us to learn and how the learning pit is a good place to be as when we are struggling, we ARE learning. We thought about metacognition and how we learn, as well as how important feedback is to improve learning. An important moment in the week was stopping to reflect on the last 'thing' that each child loved learning or doing and what was it about that experience made it so enjoyable and memorable.

An interesting fact about our brains is that in general our working memory can process roughly seven bits of new information. Most of us – children and adults – have a similar capacity: the 'magical number seven, plus or minus two.' It can be even less than this if what you are remembering is more complex, such as a formula. Once this capacity has been used up, the working memory can't hold any more information, and so it's not retained. This is called cognitive overload. Our children are learning new information every day and in order to stop cognitive overload we are careful not to introduce too much new information each lesson and each day.

Without repetition we only retain about a third of any learning. When you then add in to this—lockdowns, time off for Covid/testing/illness/anxiety—keeping learning in your head is HARD! We therefore repeat lots of learning over and over again during lessons, to help move information from our working memory into our long term memory. We would love you to help with this. When your child gets home from school, ask them three facts/bits of information that they learnt during the day. You may find at first that they cannot remember any, or they might even panic a little—don't push them, but day after day, keep asking them and you will find little by little they will start to share. Some of the 'information' may even make you chuckle!

This week the children have been trying to implement all the above into their day to day learning and have impressed us all as usual with their determination and resilience.

Finally a huge well done to Chestnut Class on their wonderful class assembly this week. The class created their very own version of Romeo and Juliet. The children's recital of soliloquies, as well as their own Shakespearan writing was a sight to behold and they did themselves proud.

Wishing you all a wonderful weekend.

Kim Sanett

School diary of events

SPRING TERM 2022

Friday 14 January

Swimming resumes for 1. Beech, 2. Willow & 3. Oak (apart from Fri 14 Jan when the order is 1. Oak, 2. Beech & 3. Willow)

Saturday 15 January

Football vs Sacred Heart at OECC—k/o 3.30pm

Friday 11 February

Closing date for Reception 2022 online applications

INSET DAY—school closed

Monday 14th—Friday 18th February HALF TERM

Tuesday 18 January

Football vs Underhill at OECC—k/o 3.30pm

Friday 21 January

Football vs St Catherine's at OECC—k/o 3.30pm

Wednesday 2 February

Vicar Father Sam (St John's) in school visiting KS1 & KS2 (AM)

Thursday 3 February

KS1 classes visiting St John the Baptist church (AM)

Friday 25 February

Swimming resumes for Beech, Willow & Oak

Saturday 26 February

PTA Quiz

Monday 28 February

Book Week in school

Thursday 3 March

World Book Day

Monday 7 March-11 March

Yr6 School Journey to Sayers Croft

Monday 14 March

Science & DT Week in school

Thursday 17 March

Reports go home

Friday 18 March

Red Nose Day

Monday 21 March

Yr3/4 trip to Kew Gardens

Friday 25 March

Last swim of the term

Friday 1 April

Finish for Easter break at 3pm

SUMMER TERM 2022

Tuesday 19 April

Children back to school

Monday 25 April

Cycle Confident for Yr5

Monday 2 May

School closed May Day Holiday

Thursday 5 May

World Maths Day

Monday 9 May

SATs Week for Yr6

Monday 30th May—Friday 3rd June HALF TERM

Monday 6 June

School closed for JUBILEE DAY

Tuesday 7 June

Children back to school

Wednesday 8 June

Yr6 Junior Citizenship event at Canada Villa (PM)

Saturday 18 June

PTA Summer Fair

Friday 1 July

Apple & Pear trip to Celtic Harmony

Thursday 21 July

Finish for summer break at 3pm

Friday 22 July

INSET DAY—school closed

AUTUMN TERM 2022

Thursday 1 September

INSET DAY—school closed

Friday 2 September

INSET DAY—school closed



Star Pupils



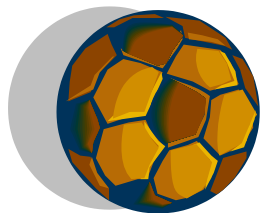
	ROWAN	BIRCH	MAPLE	BEECH	HAZEL	WILLOW	CHESTNUT	ELM	OAK
17/12 RESPONSIBILITY	Marcie Ellis	Thea Leo	Annie Heath	Stefania Oscar	Nathan Lily D	Romir Salma	Zoya William	Jonah Ollie	Fabi Shelby

Lunchtime & After School Clubs

Yr 5/6 Football Squad training (selected)	Thursday 6 th January	3.30-4.45pm
Yr 5/6 Girls' Squad training (selected)	Thursday 6 th January	3.30-4.45pm
Lego Club Book online at www.bookwhen.com/smartplay	Friday 7 th January	KS1: 12.00-12.30pm KS2: 12.30-1.00pm
ComputerXplorers (Y3-6) - FULL cx-north-west-london.class4kids.co.uk	Friday 7 th January	3.30-4.30pm
Running Club (Yr3/4) Jo Kent Email joannepkent@btinternet.com	Monday 10 th January	3.30-4.20pm
Gym Club (Y3-6) Fiona Groom - FULL	Monday 10 th January	3.30-4.25pm
Spanish Club (Rec-Y2)) Sonya Barnes Email sonya.languages@gmail.com	Tuesday 11 th January	12.15-12.45pm
NonStopAction Football (Y3-6) - FULL Sign up online at nonstopaction.co.uk	Tuesday 11 th January	3.30-4.30pm
Drama Club Sign up at bookwhen.com/dramahub	Tuesday 11 th January	R-Y2: 3.30-4.25pm Y3-6: 4.35-5.30pm
Art Club (Yr3/4) Violina - FULL Email h_violina@yahoo.com	Tuesday 11 th January	3.30-4.15pm
Chess Club Sign up form has been emailed out Email efrocltd@gamil.com	Tuesday 11 th January	KS1: 12.00-12.30pm KS2: 12.30-1.00pm
ComputerXplorers (Y1/2) cx-north-west-london.class4kids.co.uk	Tuesday 11 th January	3.30-4.30pm
Art Club (Yr1/2) Violina - FULL Email h_violina@yahoo.com	Wednesday 12 th January	12.15-12.45pm
Art Club (Yr5/6) Violina - FULL Email h_violina@yahoo.com	Wednesday 12 th January	3.30-4.15pm
NonStopAction Football (Y1/2) - FULL	Wednesday 12 th January	3.30-4.30pm
Spanish Club (Y3/4) Sonya Barnes Email sonya.languages@gmail.com	Wednesday 12 th January	3.30-4.15pm
Running Club (Yr5/6) Jo Kent Email joannepkent@btinternet.com	Wednesday 12 th January	3.30-4.20pm
Spanish Club (Yr1/2) Sonya Barnes— FULL Email sonya.languages@gmail.com	Thursday 13 th January	12.15-12.45pm
Gym Club (Yr3-6) Fiona Groom - FULL	Thursday 13 th January	3.30-4.25pm
Running Club (Y1/2) Jo Kent Email joannepkent@btinternet.com	Thursday 13 th January	3.30-4.15pm
NEW Photography Club (Y3-6) Click the below link, locate Foulds school and follow the booking instructions https://www.thelondonlensproject.com/bookings/	Thursday 13 th January	3.30-4.30pm
Cricket Club (Yr 3-6) Navaid Akhtar (Sign up using the registration form emailed out)	Monday 21st February	3.30-4.30pm

FOULDS SPORTS NEWS

Friendly vs St Andrews



2022 got underway with a friendly vs St Andrews. The game was used as an opportunity to give all 19 players in the squad some first team action - so a number of players made their first team debuts.

In the first half, an experienced starting 7 started and quickly showed their superiority. They continued from where they left off before Christmas with some fantastic passing and movement to create numerous opportunities. Five goals were scored in quick succession before the visitors pulled one back with five minutes to go to half time.

go to half time.

The second half saw an 'all Y5' lineup take to the field. St Andrew's struck first but the Foulds' young guns settled and edged the competition, scoring two goals before St Andrews scored in the closing stages.

The game ended 7-3 (5-1 in the first half, 2-2 in the second half).

Next up: The Foulds girls' won their match against St Andrews yesterday—well done!

Meanwhile the 1st team returns to their League campaign vs Sacred Heart on 14th Jan before taking on Underhill in the Central Cup on 18th.



CHRIST CHURCH COFE SCHOOL

Byng Road, Barnet, Herts EN5 4NS

OUR CAMPS

Superb holiday sports camps – offering wonderful, safe and action-packed camps throughout the year.

SPORTS

- Athletics
- Basketball
- Dodgeball
- Football
- Golf
- Hockey
- Kwik Cricket
- Netball
- Tag Rugby
- Tennis
- Camp Games
- Tournaments

Please see our website for a timetable of the sports available at each of our camps

EQUIPMENT

All equipment supplied for each and every child

SESSIONS

Whole days/Full 5 day week

DISCOUNTS

- **Early Bird Discount (EB)** - Book and pay by the date stated for each Camp, to qualify for the reduced Early Bird price.
- **Sibling Discount** - FULL WEEK bookings only
1st child pays full price, subsequent siblings have **20% discount** (telephone bookings only).

WHAT TO WEAR/BRING TO CAMP

Comfortable sports clothing, a healthy snack & drink in a refillable container - if staying all day, a packed lunch will also be required. On hot days, sun cream should be applied before Camp.

Please visit our website for full details on all our Camps:

BOOKING HOTLINE: 020 8954 8787
or book online: theelms.co.uk



FEB HALF TERM CAMP 2022

Dates
(EB 28th Jan) 14th Feb - 18th Feb

OPEN TO: All children aged 4-12 years

TIMES

AM sessions 9.00am - 12.15pm

Lunch 12.15pm - 12.45pm

PM sessions 12.45pm - 4.00pm

COST

(All prices inclusive of VAT)

	EARLY BIRD PRICE (If booked & paid by 28 th Jan 2022)	REGULAR PRICE
Whole day	£32	£38
Full 5 day week	£145	£175

Prices equate to: Early Bird from £4.14 per hour/Regular price from £5.00 per hour (based on 5 day camp). Camps will only proceed if a minimum of 15 children book - parents will be informed of any cancellation, with a minimum notice period of 7 days. Cancellation Policy: We will require 7 days notice for a full refund and a minimum of 24 hours notice for your booking to be moved to an alternative date/credit on account.



FOULDS PTA NEWS



Introducing *FOULDSCYCLE*, a new initiative for the Foulds community, giving you a chance to pass on preloved items while at the same time raising much needed funds for the school, and of course doing your bit for the environment.

To take part all you need to do is:

1. Join the *FOULDSCYCLE* WhatsApp group by clicking on the link sent out by the Class Reps.
2. Post a photo and description of the item you'd like to give away, and a suggested donation (or leave it up to the buyer). This can be anything you no longer need but think someone else could make use of, for example outgrown bikes, clothes, books, furniture, unwanted gifts... Or just browse the items others have offered.
3. Express your interest / confirm your buyer.
4. Arrange a collection time.
5. The buyer transfers their donation to the PTA account.

This is an ongoing initiative so you are free to join (or leave) the group at any time. You are also welcome to post requests for wanted items, or things you'd like to borrow.



FOULDS NOTICE BOARD

PARKING

Would parents/carers please remember to park considerately; not on the zig-zags outside the school nor over our neighbours' drives, thank you.



SCHOOL MEALS



Please use **School Money** to keep on top of your child's school meal balance, thank you

ABSENCES

If your child is sick or will not be in school for any particular reason please could you telephone the office on **020 8449 2714** as soon as possible in the morning to let us know.

This is particularly important if your child is on the 'Walk to School' register.

Please note children must not return to school for 48 hours following the last bout of either sickness or diarrhoea or both together. Many thanks.

NAMING UNIFORM & KIT

A reminder that all school uniform and kit should be clearly labelled.

LOST PROPERTY

If your child has lost a named item of school uniform, call the school office and we will have a look for it!

PARENTS OF PRE-SCHOOL

CHILDREN

If your child was born between 1st September 2017 and 31st August 2018, they will need a place in a Reception class during the school year which begins in September 2022

The way to apply is online at www.eadmissions.org.uk
If you have any queries, please contact the Admissions Team at the London Borough of Barnet on

020 8359 7651

The closing date is 15 January 2022

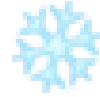


SAYERS CROFT - YR 6 SCHOOL JOURNEY 2022

A reminder that instalments can be made at anytime to help spread the cost of next year's Year 6 School Journey. Final date for payments is Friday 11th February 2022. As deposits have now been paid, the outstanding balance will be £295 which should be paid via School Money



Sun & Sky Coaching



How are you going to keep yourself energised this winter and on Blue Monday?

Many of you have put some wonderful new behaviours into your daily routines over the past few months. But Winter can bring a challenge.

The dark nights, cold days, and dwindling resolutions culminate on the 17th Jan, also known as Blue Monday.

How will you lift your spirits and maintain your energy levels going forward?

This is the class for you. A chance for you to work with an experienced and licensed Resilience Coach, a chance to work with others but most importantly a chance to reflect and make a plan for yourself.

Join me, Sam, at my SEASONAL WELLBEING WORKSHOP dedicated to Winter.

Expect a packed session. You will go away with your own personal menu to take you through the Winter season.

In 2022 **100%** of the online seasonal ticket sales will be donated to *GROW*.
GROW works with schools and communities delivering bespoke programmes in sustainable food growing and outdoor learning. This is what they do:

Everyone deserves to grow

***GROW** works with children and young people who experience financial, personal, or social barriers to learning, healthy living, and employment. We give our participants the skills, knowledge, and confidence to make positive choices and changes in their lives and in the world around them.*

Our agroecological farm and outdoor learning hub at The Totteridge Academy (TTA), North London, is at the heart of all of our programmes, providing a practical and inspiring resource for everyone who visits.

Join me on:



Monday 17th Jan, 13:00 - 14:30



Online, on Zoom



Book your space: <https://lnkd.in/ep5wC5RA>