

## Whole School Long Term Overview: Foulds Framework (Based on HEP Framework and adapted for mixed class phases)

Colour coding links to HEP core themes of **HEALTH AND WELLBEING**; **RELATIONSHIPS** and **LIVING IN THE WIDER WORLD**

Year Group	Autumn Term	Spring Term	Summer Term
<b>Year 1 and Year 2 Even Cycle</b>	Y1 Awareness of feelings Y2 All about my feelings Y1 Looking after myself Anti-bullying Week incl valuing diversity	Y1 My friendships Y1 Being different Children's Mental Health Week	Y1 Keeping Safe Y1 My family Y1 Losing and finding Y1 The Environment
<b>Year 1 and Year 2 Odd Cycle</b>	Y1 Awareness of feelings (repeated in Induction Week) Y1 All about me Y1 Money Y2 Money, shopping and saving Anti-bullying Week incl valuing diversity	Y2 Keeping safe Y2 Making and breaking friendships Y2 Coping with conflict Y2 Special days Children's Mental Health Week	Y1 Keeping well and clean Y2 Healthy people Y2 About my body Y2 Exploring our families Y2 Global food
<b>Year 3 and Year 4 Even Cycle</b>	Y3 Emotions and feelings Y4 Mental Health (included in 2020 Even too) Y3 Peer influence/pressure - Anti-bullying Week incl valuing diversity Y3 Me and my community	Y3 Drug Education - Smoking & Basic First Aid Y3 Safe Relationships Y3 Where do things come from? Children's Mental Health Week	Y3 Healthy Lifestyles Y3 Keeping safe Y4 Growing and Changing (Y4 only; both cycles) Y3 Different Families Y3 Managing money Y4 Managing Money
<b>Year 3 and Year 4 Odd Cycle</b>	Y4 Mental Health Y4 Rights and Responsibilities Y4 Persuasion and pressure - Anti-bullying Week incl valuing diversity Y4 Media and Me	Y4 Healthy Lifestyles Y4 Friendships / Inclusion Y4 Local Community – shared responsibilities Children's Mental Health Week	Y4 Growing and Changing (Y4 only; both cycles) Y4 Drug Education - Alcohol and Decision making Y4 Types of relationships Y3 Aspirations Y4 Aspirations
<b>Year 5 and Year 6 Even Cycle</b>	Y5 Mental Health and Wellbeing Y6 Moving On Y5 Friendships and Coping with Bullying - Anti-bullying Week incl valuing diversity Y5 Being Left Out Y5 Stereotypes and Diversity	Y5 Puberty/Y6 Puberty and Relationships Y6 Sex Education Y5 Relationships/Y6 Relationships Y5 Self-Respect and Personal Goals Y5 Working together and aspirations Y5 Media literacy and digital resilience Children's Mental Health Week	Y5 Healthy lifestyles Y5 Drug Education – Legal and Illegal Drugs Y6 Drug Education – Drugs, risks and the Media Y6 Conflict resolution Y5 What makes a Democracy? Y5 Money
<b>Year 5 and Year 6 Odd Cycle</b>	Y5 Personal Safety Y6 Mental Health and Online Safety Y6 Family Dynamics Y6 Celebration – supporting each other Y6 Protected Characteristics and Bullying- Anti-bullying Week incl valuing diversity	Y5 Puberty/Y6 Puberty and Relationships Y6 Sex Education Y5 Relationships/Y6 Relationships Y6 Democracy and decisions Y6 Media literacy and digital resilience Children's Mental Health Week	Y6 Healthy Lifestyles Y5 Drug Education – Legal and Illegal Drugs Y6 Drug Education – Drugs, risks and the Media Y6 Conflict resolution Y6 Money and Me Y6 Aspirations, work and career