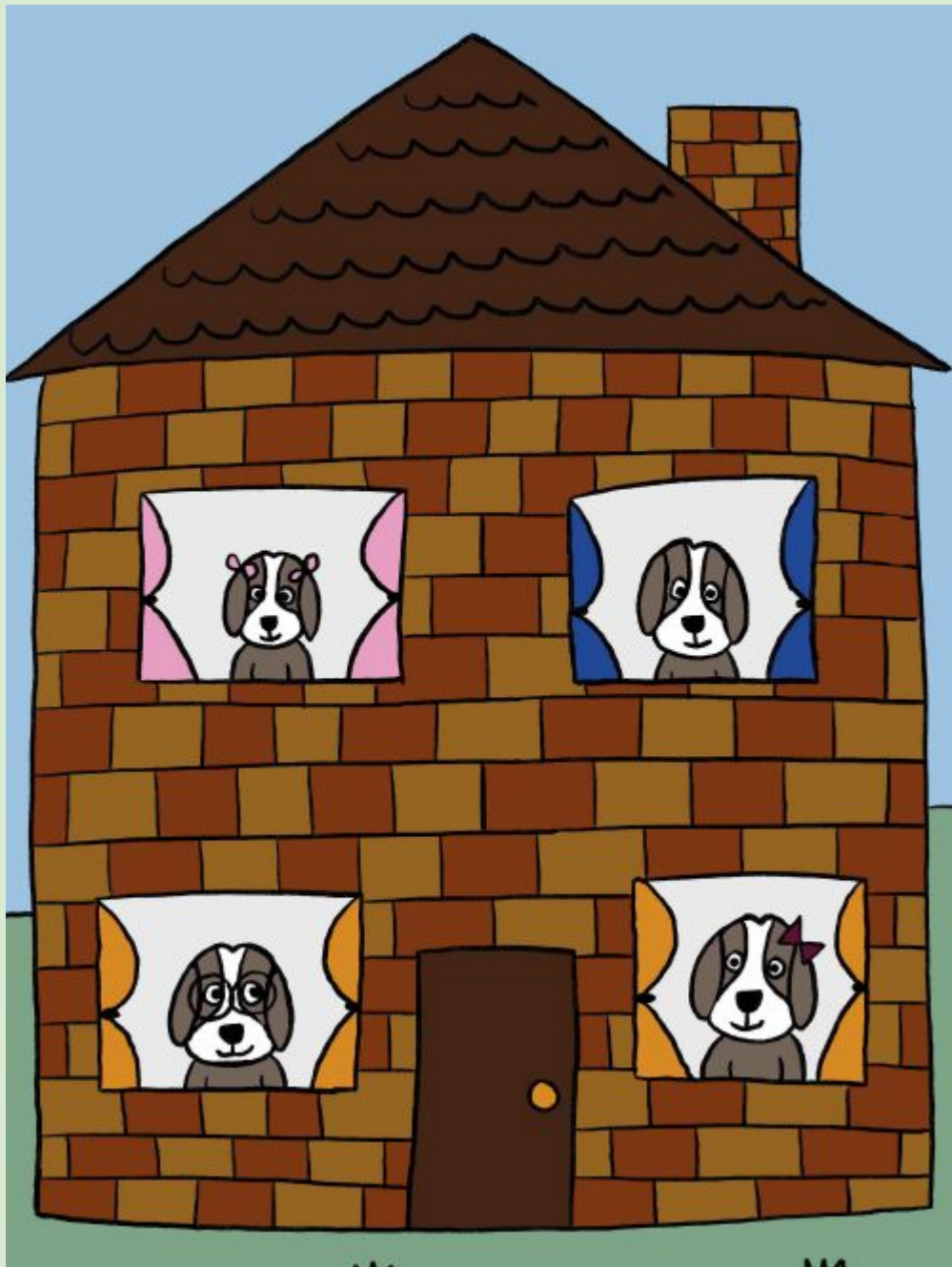


A story about going
back to school
after
lockdown



Because of Covid-19 we have spent some time at home, to try and stop the spread of the virus.

We have tried to do our school work at home.

What is coronavirus or Covid-19?



Covid-19 is a new type of coronavirus that makes people feel unwell.

Most people who have Covid-19 may feel like they have a cold or the flu.

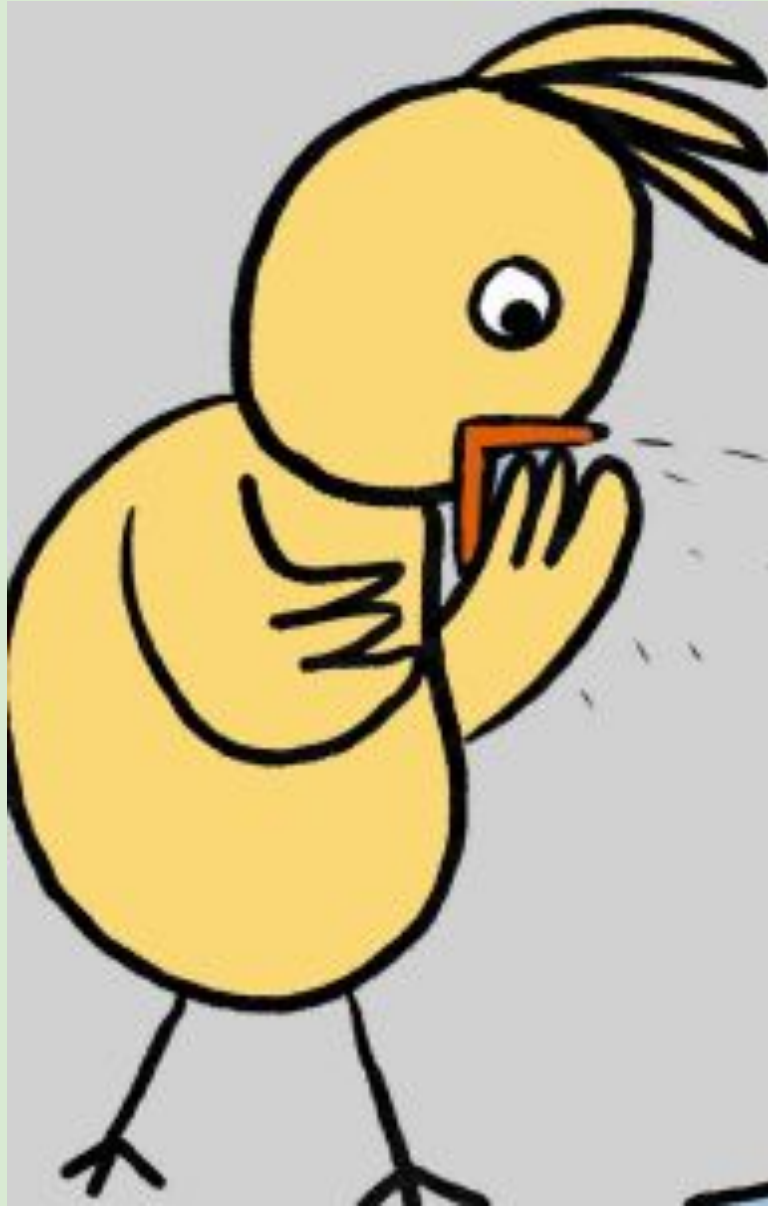
After a few days or weeks they will feel well again.



A very, very small number of people who have Covid-19 may become very unwell.

They may need to go to hospital so the doctors can try to help their bodies get rid of the virus.

This does not usually happen to children.



Viruses are usually caught by people touching something that has the virus on, and then touching their face.

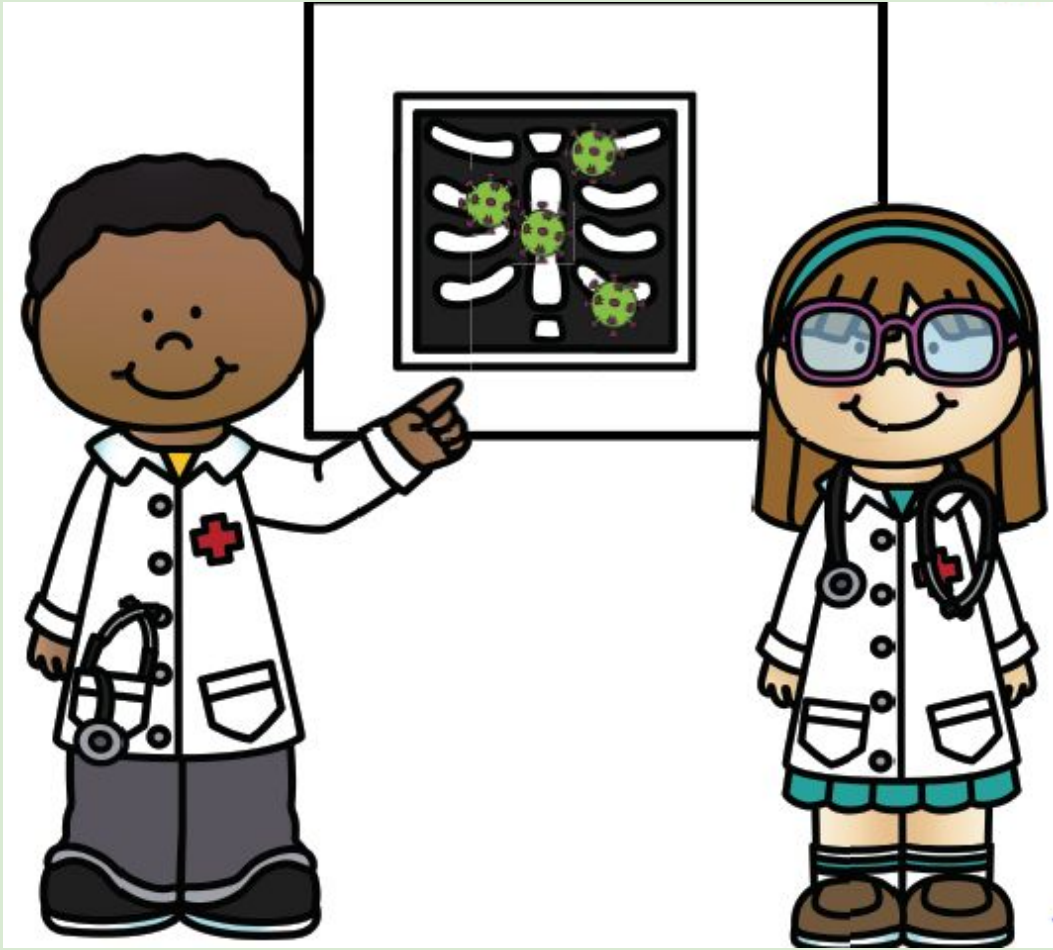
Sometimes people catch it by being too close to someone else who has coughed or sneezed.



Viruses are so small, we cannot see them.

It's important we wash our hands often with **soap and warm water** – this gets rid of the virus and keeps us healthy.

Adults will remind us when we need to do this.



Because Covid-19 is a new virus, doctors and scientists are still trying to find ways to treat and stop the virus.

While we wait for this to happen, there are some important things we need to do.

What has changed?



The government have recommended that **some** children can come back to school.

This means some children will be going back but their brothers or sisters may be staying at home.

This is so that there are not too many people in the building.



We need to try to **'social distance'** which means we should **try** to stay around 2 metres away from anyone else, apart from the people we live with.

2 metres is about 3 big steps.

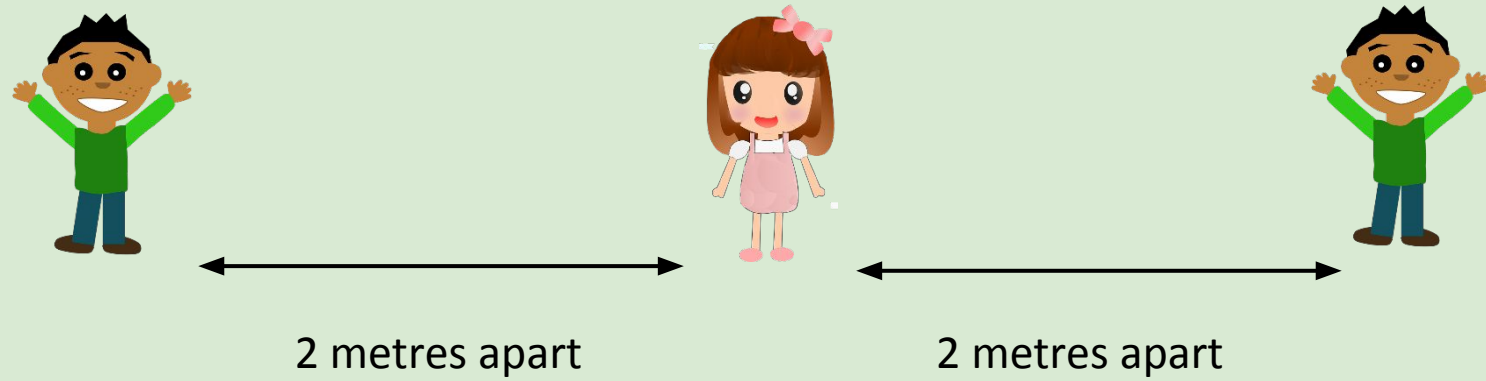


Our classes will have fewer children in so that we can try to stay further apart. You might not be in your usual classroom

Some of your friends will be in a different room to you.

Your class group is your 'bubble' – this means you may sometimes get closer than 2 metres from them.

You will not see the children from other 'bubbles' but if you do, you must social distance from them.



We used to all queue up close together. Now, if you are queuing to come into school, you will need to stand apart.

If you are in Yr 6, you will generally be walking to school without your parents. You can walk to school in a pair but only with someone else who is in the same bubble as you.

When you get to school, rather than stand in the playground, you are going to wait on some lines outside of school.

When you get to the bottom of the slope, Miss Sanett will be there to say hi and give you funny hand sanitiser to rub all over your hands.

Mummy or Daddy will wave to you as you go with an adult into school.

This may seem a little scary at first but we will be here to help you get you used to it :)



School will have new routines when you arrive.

You will have to use hand sanitiser as well as washing your hands.

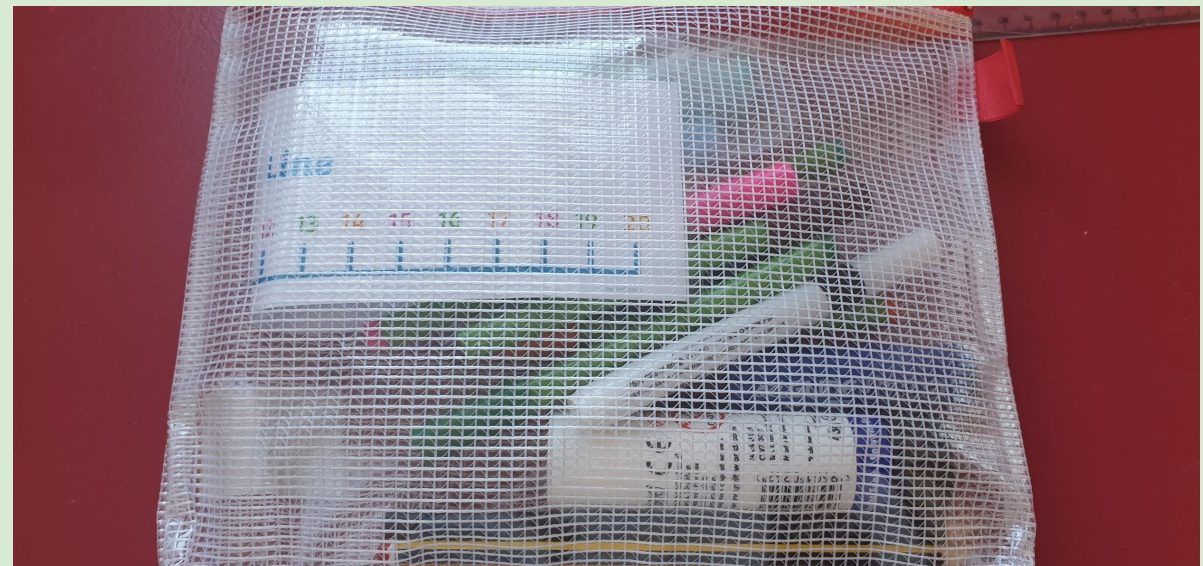
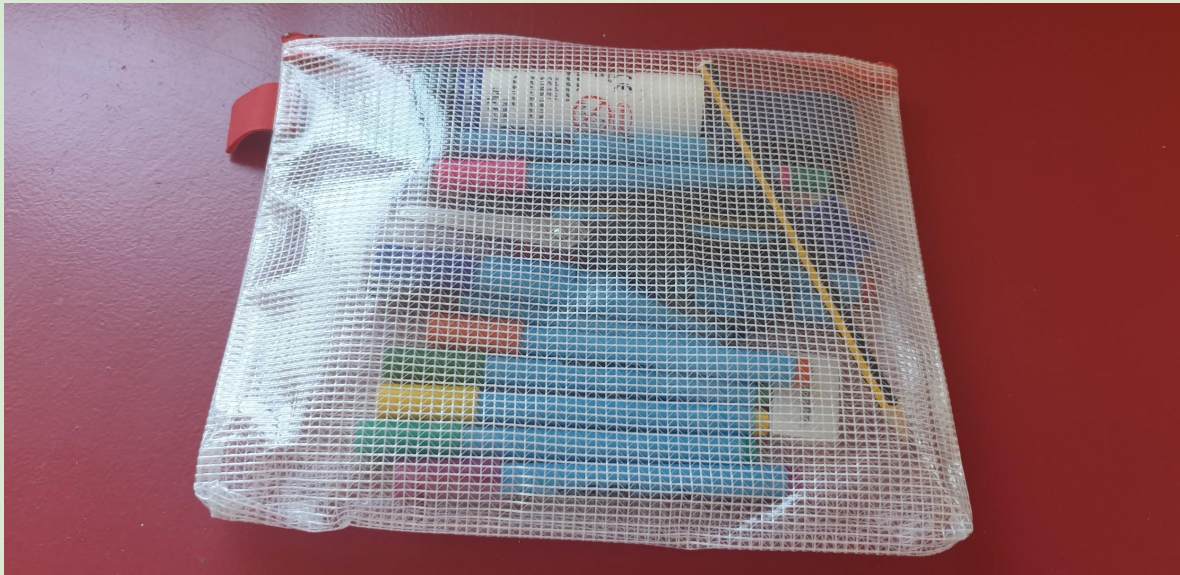
You don't bring your bag to school anymore - just a named full water bottle.

If you are in Yr 6 you may be bringing your packed lunch too!

You get your very own pack for school.

This stays at school but is full of fun things!

We do not share our packs or take them home - the packs are for school and you can use your pencil case at home!





Lots of things will be washed and disinfected during the day and after you go home.

Things like door handles will be cleaned – this helps keep us safe.

Playtimes may be a little different.

If you are in Reception or Yr 1 you are allowed to bring your bike or scooter into school. These must be named please.

You will get to ride these around at break times.

If you are not on a bike or scooter/or you are in Yr 6 you will have a big fun square that you can play in. This is your square. You can chat to other children in other squares but you will not be allowed in their square.

In Yr 6 we may have things we can kick within and between squares but you will not be able to touch these with your hands.



You should try and use tissues when you sneeze or cough and throw it straight in the bin.
Try not to touch your mouth, nose and eyes with your hands.



The best way to stay safe is to regularly wash your hands. This should be for at least 20 seconds.

You can sing the 'happy birthday' song in your head twice to know you have washed them for long enough.



If you are feeling unwell, it is very important to tell your teacher or parent straight away as you may need to stay at home until you are better.

We will still follow all of the same behaviour rules as normal but there are some special new ones too to help us all keep safe.

All children at Foulds must:

- Tell an adult immediately if they are feeling poorly. (temperature, cough, loss of taste/smell)
- Wash hands regularly and thoroughly, particularly before and after eating.
- Try not to touch their mouth, nose and eyes.
- Try not to cough or blow noses near other people.
- Catch coughs and sneezes using clean tissues, then put them in the nearest bin and then use hand sanitiser or wash hands - Catch it. Bin it. Kill it.
- Use the correct doors and timing slots for arriving and leaving the school building.
- Stay with their bubble group at all times.
- Ask for permission to use the toilet and tell their adult when they are back.

See the next slide for the rest of our new rules...

We will still follow all of the same behaviour rules as normal but there are some special new ones too to help us all keep safe.

All children at Foulds must:

- Only move around the school with permission from an adult.
- Use common sense in corridors; if two people must pass each other, one must stand aside or go back to allow more space and let the other pass.
- not share any equipment or other things, including drinking bottles.
- Try not to touch surfaces as they move around school (e.g. walls)
- Stay in the marked out squares in the playgrounds during breaks and stay off playground equipment.
- In the canteen: wash their hands before and after eating, never share food, sit in their special place for their whole lunch slot, raise their hand if they need anything.

See the previous slide for the rest of our new rules...

What has stayed the same?

Lots of things will be the same in school:

- You will see some of the same adults
- You will see some of your classmates
- The school will be in the same place
- Your school uniform will be the same
- Most of the school rules will stay the same

When will it go back to normal?

Doctors and researchers are working hard to find ways to make Covid-19 go away.

Once it is gone, we may be able to be closer to people at school again.

We don't know how long this will take.

So for now we must keep each other safe by keeping 2 metres away as much as possible.

